

Public Health Advisory

Food recalls due to Listeria

October 7, 2022

Nunavut-wide

The Department of Health is warning about a food recall issued by the Canadian Food Inspection Agency (CFIA) due to possible *Listeria monocytogenes* contamination.

Nature's Best brand and **Zavat Chalav brand** are recalling commercially sold **mozzarella and cheddar cheese** due to possible *Listeria monocytogenes* contamination. Consumers should not consume the recalled products described below.

Brand	Product	Size	UPC	Codes
Nature's Best	Shredded Cheddar Cheese	800 g	68 085200 1228	22084
Nature's Best	Shredded Cheddar Mozzarella Cheese	800 g	68 085200 1877	9921463
Nature's Best	Sliced Cheddar Cheese	170 g	68 085200 2027	22111
Zavat Chalav	Shredded Mozzarella Cheese	800 g	68 085291 0445	22120
Zavat Chalav	Shredded Cheddar and Mozzarella Cheese	800 g	68 085291 0452	9921463
Zavat Chalav	Sliced Cheddar Cheese Thins	150 g	68 085291 0865	22111

This recalled product should be thrown out or returned to the location where it was purchased.

Food contaminated with *Listeria monocytogenes* bacteria may not look or smell spoiled but can still make you sick. Symptoms can include fever, muscle aches, nausea, vomiting, diarrhea or constipation, stomach pain, a stiff neck or a bad headache. If you think you became sick from consuming a recalled product, call your local health centre or Public Health unit.

Information on this product recall can be found on the CFIA website [here](#).

For additional information, contact the Canadian Food Inspection Agency at 1-800-442-2342 or visit www.inspection.gc.ca. Sign up for food recalls at <http://inspection.gc.ca/english/util/listserv/listsube.shtml>.

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Media Contact:

Danarae Sommerville
Communications Specialist
Department of Health
867-975-5712
dsommerville1@gov.nu.ca

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